Our Pattern of Worship in May
(All on Zoom)

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<th>Days</th>
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<td>Sundays</td>
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<td>Sunday Worship followed by 'Coffee &amp; Questions'</td>
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<td>Wednesdays</td>
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<td>Fridays</td>
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CHRIST’S ASCENSION

Please join with us for a special Evening Service on

ASCENSION DAY
Thursday 21st May at 7.30pm (via Zoom)

Please keep visiting our website www.threesaints.org.uk which is regularly updated with links to resources, spiritual and practical, for yourself, for families and for your neighbours. It also gives you access to all the news on our Facebook page (you don’t need a Facebook account, just click on the link).

The period between Ascension Day (21st May) and Pentecost (31st May) is the season of Thy Kingdom Come, a global ecumenical wave of prayer for more hearts and minds to be opened to the Gospel. You are warmly invited to join in when we will be praying (on Zoom) for 15 minutes at 9am and 6pm, every day from 22nd–30th May inclusive, with the exception of Sunday 24th.

Copy date for the June magazine: Sunday 17th May 2020
We are delighted that so many people have been joining in with our worship on Zoom, including several who regularly listen in on the phone. The Ministry Team have received some wonderful messages of appreciation, especially that this technology enables us to feel part of our familiar worshipping community, and is accessible to those who would not be able to come to church. At our first virtual Sunday service around 70 parishioners joined us, and each week the number is increasing.

It is a very simple procedure – please see the instructions below.

### How to join in with our services on Zoom

**Online access**

First download the “Zoom Cloud Meetings” app, either via [www.zoom.us](http://www.zoom.us) if you are on a computer or from the app store on your personal device (phone / tablet etc).

Once you have set up your account on Zoom you will then be able to join the services as they come up: click on 'Join' and on the next screen **enter the Meeting ID 241435800**. It will be the same ID for all the services, so once you have attended one event, it will appear under the drop-down arrow in the Meeting ID box and you can just click on it.

![Join Meeting on Zoom](image1)

### Without using the internet:

Before the service starts, use your phone to dial **0208 080 6591**

You will then be asked to **enter the Meeting ID 241435800** followed by #

You may then be asked to enter a personal ID number, but you don’t need one: just press # again and then you will join the service.

### Once you have joined the service (online or by phone)

You will automatically be on mute, so don’t worry about anyone being able to hear or see you! We would ask that, just like arriving at church, you sign in to the service in plenty of time, so that there are no disruptions to the service once it has started.
CHURCH FAMILY NEWS

As our churches are closed, no baptisms, weddings or funerals can be held in church. Baptisms and weddings are being postponed. Funerals are being held privately, with minimum attendance, at crematoria or cemeteries; memorial services are being planned for after the lockdown.

The Departed

23 April Ruth Smith (widow of Norman Smith, former Vicar of St Bartholomew's)
26 April Angela Atkins
27 April Jean (Sheena) Spokes
Also: Vicky Darling (former Warden of the Quaker Meeting House), and Bishop John Dennis.

Please continue to pray for those who are not well, including those who used to worship with us and would still love to but are now prevented by health or mobility problems, especially David and Jean Warner and Zoe Ward.

Pray for those of our Benefice community who are now resident in care or nursing homes, especially Ann Canning, Beth Crawley, Helen Lefroy, Jean Normand, Anne and Tony Sharpe, Jean Ward.

Spiritual Communion is a way of sharing in communion at times such as this when we cannot receive the sacrament physically. It is a series of prayers for personal use and you can find them at www.threesaints.org.uk/blog/188 – click on the link ‘Spiritual Communion’.

We pray for the World Health Organisation, governments and businesses worldwide responding to the Coronavirus pandemic; for the NHS, for all whose work, age or health puts them at risk, for those infected, those in quarantine, all who have died of Covid-19, and all who are fearful of it.

Dear God our Shield and our Defender, guide and protect my neighbour in this time of health emergency; deliver them from all harm and may your love and care ever grow in this place. Through Jesus Christ, Our Lord, Amen.

CARE HOMES: we are unable to visit Brendoncare Park Road or Abbotts Barton Nursing Home due to the restrictions, but the residents and staff remain very much in our prayers and we will be keeping in touch with them regularly with news and prayer resources. Across the two care homes we were taking Holy Communion twice a month to about 35 people, and we look forward to being able to resume this cherished ministry, as we do in church.

BENEFICE PRAYER GROUPS: The prayer groups are continuing to pray and encourage others to join them at home at a specific time:

- The Julian group continues to meet virtually every Tuesday at 2.30pm for half an hour, reflecting on the same reading, and helping us to keep in touch this way. If you would like to know the reflection please contact Sue Tisdall on 851621.

- For the West View prayer group please contact Alys Blakeway (868581 or alys_blakeway@yahoo.co.uk).

- The Benefice prayer group meets virtually to pray for the Benefice on the fourth Monday in the month at 11am, praying for the Benefice and our world. If you would like to know the prayer format please contact Sue on 851621.
Even though we cannot meet together with our Messy families, the Messy Church team are still planning activities for each month.

In May our theme is ‘Jesus calming the storm’. Jesus asks us to have faith and tells us not to be afraid. This story shows that Jesus will always help us but he wants us to have faith and not doubt that he is there. The Messy team met up via Zoom to plan the activities, with Beth coordinating all the ideas and sending the activities to our Messy families.

If you know of any other family who would welcome these activities, please contact Beth, beth.robertson@eastwinchester.org, or the Parish Office; office@threesaints.org.uk

NEW! COFFEE & QUESTIONS: After every Sunday morning service you are invited to make yourself a coffee and bring it back for an informal discussion, perhaps relating to the Bible readings, the sermon or to some other faith-related question.

CALLING ALL ON THE READERS AND INTERCESSORS ROTAS! The Ministry Team would very much like to encourage you to continue offering this ministry while we have our Zoom services. You won’t have to worry about the tech; simply say your words at the appropriate time. For every Sunday we are looking for:
- Morning: 1 reader (to read 1 lesson) + 1 intercessor
- Evening: 1 reader (to read 1 lesson)

Please email Rev’d Karen if you would like to take part (karen.kousseff@outlook.com).

NEW! BIBLE BOOK CLUB: Paul wrote his letter of encouragement to the Philippians while he was in prison so it seems like a good thing to read together while we are in lockdown. If you would like to lead or take part in a group on Zoom, please email the Parish Office. This will be a 5 week course starting in the week of 11th May.

BIBLE READING FELLOWSHIP NOTES for St Bart’s: As Libby will not be able to order and collect these as in previous years, she suggests you order them online. Please go to www.eden.co.uk and search for ‘New Daylight’ or ‘Guidelines’.

NHS SCRUBS: People in Winchester have been asked to help make scrubs for hospital staff. Cotton fabric is needed, preferably plain, such as duvet covers (cotton/polyester mix also fine, but must be washable at 60 degrees). Help is particularly needed to make up the outfits (material can be supplied), and a pattern is available in different sizes. If you can sew or can offer fabric, please contact Helen May: helen@threesaints.org.uk or on 07882 907174.

CHURCH DONATIONS: We depend upon and are extremely grateful to those who are able to support the mission and ministry of our churches financially through standing order, direct debit or online transfer. We (like all charities) are seeing significant falls in income during this time, with cancelled bookings of Hyde Parish Hall and St Lawrence Parish Room, and no cash collections during services. However, our costs for ministry, buildings maintenance and staff remain broadly similar. We recognise that these unprecedented times also bring financial worry for many people, but if you are able to continue supporting our churches we would be enormously grateful. If you would like to consider giving by direct debit through the CofE’s Parish Giving Scheme, please visit www.parishgivingscheme.org.uk (you can sign up by phone; you’ll need your parish’s “PGS parish code” which is 416007201 for St Bartholomew or 416007241 for St Lawrence with St Swithun). Many thanks indeed.
ST BARTHOLOMEW’S TOWER APPEAL: The curtailment of social activities is likely to delay the start of the project works but we look forward to announcing revised dates for the events planned, including a Scrabble afternoon, Flute and Piano Concert, musical afternoon with the Winchester WI Choir and Ukelele band, quiz night, cheese and wine tasting, organ recital, sponsored walk, photographic competition, talk on a local author, belly dancing workshop, and a film event. In the meantime we are still fundraising and would be very grateful if you are able to contribute. Please send a cheque (payable to The PCC of Hyde) to the Parish Office or donate by BACS transfer to sort code 55-81-26, account no 73311111 (please email the Parish Office to say you have done so).

INSTORE GROCERY CARD: By using an instore grocery shopping card for supermarkets including ASDA, Marks & Spencer, Sainsbury’s, Tesco and Waitrose, a volunteer can shop for others using a card (pre-paid online, like an Oyster card) which ensures that volunteers do not have to pay and then claim for items, nor do they need to handle cash. The card can be used contactlessly instore using a barcode. See our website for more information.

BASICS BANK URGENT APPEAL: Winchester Basics Bank (WBB) is inundated with people who need their help to put a decent meal on the table, but their supplies are reducing because their wholesalers don’t have sufficient stock and, with more people shopping online, less is being donated in the supermarkets. There is a particular need for ‘home use’ (as opposed to large catering sizes) tinned vegetables and meat products. WBB does not want to shortcut the existing donations via supermarkets – please use these as normal. But they are looking for donations from your cupboards that you have already bought and are happy to share with those who are desperate for food. Please donate only tinned products before their ‘Use By’ date or less than one month after the ‘Best Before’ date.

Please could you set up a collection point and ask your neighbours to contribute what tinned meat and veg they can spare (please – no soup, tinned tuna or baked beans as these are in surplus!)? If you can, print a sign for your collection basket along the lines of:

‘Tinned meat and veg for Winchester Basics Bank’

Please deliver gathered tins to the Winchester Basics Bank either at 21a Milland Road, Winchester, SO23 0PZ, or at Winchester Vineyard Church, Unit A, Bar End Road Industrial Estate, Bar End, Winchester, SO23 9NR

Donations of money are also welcome: please visit www.winchesterbasicsbank.co.uk

TRINITY CENTRE: The Trinity Centre has had to postpone all fundraising events, including The Big Sleep-Out, its biggest fundraiser, and also cut back on volunteer support following Government guidelines on social-distancing. But homeless people are still in need of food, washing and laundry facilities, and many are struggling to access healthcare and counselling. Trinity Centre are asking others to give what they can to ensure they can continue delivering vital services to the homeless – www.trinitywinchester.org.uk

SPRING GARDEN PHOTOS: Chris Pilgrim and Sue Tisdall are compiling a collage of pictures of people’s gardens for the June magazine (deadline 15th May), though there may be a limit on numbers, depending on whether the June issue is online or printed. Please email recent photos (preferably in landscape) that have brought you joy during this time to: deygrim@aol.com and susan.tisdall1@gmail.com

WESSEX FILM ARCHIVE: The archive based at Hampshire Record Office is putting local film footage from the 1910s to 1970s online at www.youtube.com/user/WessexFilmArchive
A new clip is released each day.

Coronavirus (COVID-19) Hampshire Helpline for the vulnerable - Hantshelp4vulnerable - phone 0333 370 4000 (available seven days a week, 9am-5pm, calls charged at local rate)
**Light a virtual candle:** You can light a candle online to pray for yourself, for a loved one or for a situation: [www.churchofengland.org/our-faith/light-candle](http://www.churchofengland.org/our-faith/light-candle)

**Free Phone Line opened:** Daily Hope: Archbishop Justin has recently launched Daily Hope, a free national phone line offering well-loved hymns, prayers relevant to the pandemic and other options such as talks about hymns we love, the Church of England weekly worship, daily prayer and Government advice about Covid-19. It is available 24 hours a day on 0800 804 8044 and is an excellent resource, especially (but not only) for those who don't use the internet.

**VE Day celebrations:** The benefice will be commemorating the 75th anniversary of VE Day by holding a Zoom VE Day tea party on 8th May at 4pm. People are encouraged to dress in red, white and blue and put up bunting, also to email Karen any photos or memorabilia of past celebrations so that she can share them on the screen. Go to [www.ve-vjday75.gov.uk/toolkit](http://www.ve-vjday75.gov.uk/toolkit) to print out bunting and posters for a 1940’s style tea party.

There will also be a national 2 minute silence at 11am, and an address given by the Queen at 9pm on BBC1.

**VE Day souvenir:** The local Daily Echo has published a 136 page magazine entitled ‘Victory’, available at local retailers for £4.95. Also available for £6 (incl p&p) by phone 0800 7314900 or online at [www.bournemouthecho.co.uk/victory](http://www.bournemouthecho.co.uk/victory)

**Christian Aid Week 10th–16th May:** Droughts are now more frequent and more intense due to the climate crisis. Millions of people in Kenya like Rose are struggling to get enough food and water. £30 could provide a wheelbarrow to help a community build a life-changing earth dam, so when the rains do come they will have the water they need to live. This year Christian Aid has had to cancel all its events and house-to-house collections and asks that people give via [www.christianaid.org.uk](http://www.christianaid.org.uk) or call 020 7523 2493 to donate by telephone.
ANNUAL PAROCHIAL CHURCH MEETINGS (APCMs) for our parishes have been postponed until the autumn. This means that the elections of churchwardens, PCC members and Deanery Synod representatives have also been postponed, and those currently in post will continue to serve until the APCMs can be held. We are very grateful for all those who are willing to continue in post.

Electoral Roll Revision had already begun before the ‘lockdown’, in preparation for the APCMs, but is now suspended and will resume when the APCM dates are known.

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Online courses at Sarum College

Liturgy and Culture – Monday 4 to Thursday 7 May
Investigating the relationship between liturgy and its changing cultural contexts. We will introduce different ways of understanding the relationship between culture and liturgy.
www.sarum.ac.uk/event/2020-liturgy-and-culture

God, Beauty and the Imagination – Monday 18 to Thurs 21 May
A general introduction to aesthetics and in particular to theological aesthetics, as illustrated by the central theological doctrines of the incarnation, the cross, the resurrection and the Trinity.
www.sarum.ac.uk/event/2020-god-beauty-and-the-imagination

Worship Art & Architecture – Monday 15 to Thursday 18 June
This module investigates church buildings and their art in significant historical periods in order to highlight the way each artefact is the result of a confluence of variables.
www.sarum.ac.uk/event/2020-worship-art-and-architecture

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ST LAWRENCE WITH ST SWITHUN’S
SPAGHETTI BOLOGNESE COOKING AT HOME

We are committed to supplying a meal for 18 people at the Night Shelter at the beginning of every month. This has traditionally been Spaghetti Bolognese but a Casserole or a Sunday joint is equally welcome. If you did it last year, could you manage to do it again? Would you like to try it for the first time? It will only be once during the year. Full instructions with a recipe for Spaghetti Bolognese are given. Containers are also available. Please contact Ann Guest, 01962 853514, guest@guest6.plus.com, if you feel you can help or want to know more.

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Experienced Counsellor Required to Offer Group Supervision

Winchester Bereavement Support requires a volunteer counsellor with 3 years post-qualification experience together with an experience of bereavement counselling to supervise a small group of trained Bereavement Visitors on a monthly basis.

As a volunteer role, this is unpaid but reasonable expenses are reimbursed. We would require a commitment of approximately three hours per month, for a minimum period of 24 months.

For further information please visit the Join Us page on the website www.winchesterbereavementsupport.org.uk
On Easter Saturday ‘Messy Easter in a Bag’ was left on the lawn in front of St Bartholomew for Messy families to collect. 25 bags were prepared with lots of activities and treats to help families explore the Easter story at home. We heard from some families that the children were so excited that they started on the activities there and then and were still colouring in at bedtime!

The photos show what some families did that day.

Our Messy families are receiving regular newsletters, and Beth updates the benefice Facebook page with more suggestions for activities to do at home.

Please pray for the Messy families as they cope in self-isolation, and for the Messy team as they create activities for them.

Contact: beth.robertson@eastwinchester.org or the Parish Office.

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Easter Gardens

Many of our parishioners made Easter Gardens at home and (left) on the steps in front of St Bartholomew’s Church. See our Facebook page for more (link via the Benefice web site, www.threesaints.org.uk).
The 100 Day Project

The 100 Day Project is a free art project that people take part in annually and, if they wish, can put the results online. Every spring, thousands of people all around the world commit to 100 days of exploring their creativity. The idea is simple: choose a project, and do it every day for 100 days. Pick something you want to do every day for the 100 days of the project such as paint, draw, dance, knit, doodle, sing. This is the perfect time to spend even just 10 minutes a day doing something creative!

Do send the editors photos of what you have done!

Benefice Recipe Book

Discover 116 imaginative and loved recipes from over 60 parishioners in our Benefice, together with ‘morsels’ of history and tales connected with our churches and the city, plus fascinating photos – and all for £9! All proceeds go to the Winchester Hospice Appeal.

Christine Pilgrim has some recipe books left. Please contact her on 01962 852226 or ring the Parish Office on 01962 849434.
People with Dementia and memory problems may be especially vulnerable during the present social distancing restrictions.

The aim of the poster below is to provide a contact number to anyone who has concerns for a person with dementia or memory problems. The Referrals and Enquiries team at Andover Mind will then allocate a Dementia Advisor who will make contact with the carers or families to offer advice, information and support. Although the charity is named Andover Mind, they provide a service for the whole of Hampshire (excluding Southampton who have a separate provision).
Finding God in the service of others

Archdeacon Peter Rouch has written the following reflection on this theme:

One of the scribes...asked him, ‘Which commandment is the first of all?’ Jesus answered, ‘The first is, “Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.” The second is this, “You shall love your neighbour as yourself.” There is no other commandment greater than these.’ Mark 12:28-31

One of the most obvious, and laudable outcomes of our current struggles is that many people are helping and supporting their neighbours. I am personally grateful to those offering to my mother some of the things that because of distance and isolation I am unable to provide. This is replicated many times around us. Indeed, it is clear that one of the commonest ways in which our church communities are living out their faith is in just this kind of service within their local communities.

More than this, many are volunteering in public service beyond their local communities. As a diocese we are collaborating with the civic and health authorities to ensure crucial support to those in need. Some of our lay folk recently retired from healthcare, and also clergy who entered ministry with medical training, have responded to the call to return to healthcare duties for a short while.

It is, of course, true that having been loved so much by God in Jesus Christ, we should in turn be moved to offer loving service to others. However, the relationship between love and service of God, and love and service to our neighbours runs much deeper than this cause and effect kind of thing.

As we are reminded in the parable of the sheep and the goats (Matthew 25), our love and service of God is expressed in our service of others; indeed when we move outwards in service of others, it is also God whom we are loving and serving in others.

The famous commandment to love God and love our neighbours from Mark 12 above makes clear how deeply related are these twin aspects of the Christian life. We don’t have to become perfect disciples in prayer and study before we can properly serve. Rather, it is in turning outwards to those in need around us, in seeking to build a just and compassionate society, that we become most fully Jesus’ disciples and most fully ourselves. The love of God and love of neighbour are two sides of the same coin. Service draws us to God and deeper into prayer and understanding, and growing prayer and understanding turn us outwards in service – they go together.

In this sense we are the adherents of a faith that does not so much have a social Gospel, but which is a social Gospel. This is true both in the life of the Church, and in the way we are active members of our wider society. Let us love the Lord our God with all that we have, and love our neighbours as ourselves.
A note from Helen Billett (one of the Messy Church team)

“As I know many of you have, I have been attending our virtual church services and meetings, which have been wonderfully uplifting and so well put together and undertaken by Karen, Amanda, Helen and Meriel with other assistance, such as John Stanning, in the background.

“Recently, I have been thinking about how this virus has changed our lives. Regarding myself, I am housebound and have received excellent help from many people including my neighbours. This neighbourliness made me think of Easter time (a new beginning) and also meeting ‘strangers’ (as on the Road to Emmaus). I live in a small complex of 11 individual maisonettes and before Coronavirus, we didn't really know each other and now through a WhatsApp programme, we all know and help one other. So we have a new beginning whereas before we were all strangers. I hope this will continue after this epidemic passes. I am sure you all have similar tales to tell and they would make interesting reading.”